

ABSTRAK

Desi ratnasari, 2018. Upaya Peningkatan Hasil Belajar*Passing* Atas Bolavoli Melalui Variasi mengajar Pada Siswa Kelas X TKJ SMK Taruna Masmur Pekanbaru

Penelitian ini bertujuan untuk mengetahui Upaya Peningkatan Hasil Belajar *Passing* Atas Bolavoli Melalui Variasi mengajar Pada Siswa Kelas X TKJ SMK Taruna Masmur Pekanbaru. Penelitian ini dilaksanakan pada semester genap tahun ajaran 2018/2019. Adapun bentuk penelitian ini adalah penelitian tindakan kelas. Populasi pada penelitian ini yaitu seluruh siswa kelas X TKJ SMK Taruna Masmur Pekanbaru yang berjumlah 17 orang. Teknik pemilihan sampel dalam penelitian ini adalah total *sampling*. Teknik pengumpulan data pada penelitian ini dilakukan dengan teknik observasi. Teknik analisis data menggunakan tes unjuk kerja yaitu melakukan praktik kemampuan *passing* atas, kemudian hasil tersebut dilakukan penilaian. Dari pelaksanaan siklus I terdapat 7 siswa yang mencapai nilai KKM (41%) dan 10 siswa yang belum mencapai nilai KKM (59%). Maka dilanjutkan dengan pelaksanaan siklus II dan hasilnya meningkat dengan jumlah 13 siswa yang mencapai KKM (76%) dan 4 siswa yang belum mencapai KKM (24%). Dengan demikian dapat disimpulkan bahwa terdapat peningkatan kemampuan *passing* atas permainan bolavoli melalui variasi mengajar pada siswa kelas X TKJ SMK Taruna Masmur Pekanbaru.

Kata kunci: Variasi mengajar, hasil belajar keterampilan *passing* atas permainan bolavoli.

ABSTRACT

DesiRatnasari, 2018. Efforts to Improve Learning Outcomes of BolavoliThrough Training Methods for Students in Class X TKJ SMK TarunaMasmurPekanbaru

This study aims to determine the Efforts to Improve Learning Outcomes for BolavoliThrough Variation Exercise Methods in Class X TKJ Students of PekanbaruMasmur Youth Cadets. This research was carried out in the even semester of 2018/2019 school year. As for the form of this research is classroom action research. The population in this study were all students of class X TKJ SMK TarunaMasmurPekanbaru, amounting to 17 people. The sample selection technique in this study is total sampling. Data collection techniques in this study were carried out using observation techniques. Data analysis techniques used performance tests, namely the practice of over-passing ability, then the results were assessed. From the implementation of the first cycle there were 7 students who achieved the KKM score (41%) and 10 students who had not achieved the KKM score (59%). Then proceed with the implementation of the second cycle and the results increased with the number of 13 students who reached KKM (76%) and 4 students who had not reached the KKM (24%). Thus it can be concluded that there is an increase in the ability to pass the volleyball game through variations in training methods on students class X TKJ SMK TarunaMasmurPekanbaru.

Keywords: Variation method, learning outcomes of passing skills on volleyball games