

# **RELATIONSHIP BETWEEN SELF-ACCEPTANCE WITH ADJUSTMENT ON ADULT MALES WITH THEIR DISABILITIES**

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## **ABSTRACT**

Every human is always hope to get born with perfect condition, without any disabilities. All of excess and defcency in humans is the grace of God, it's depend on the individu to react it. Good self-acceptance will make a foster healty on the disabilities.It will be able to be a base to social relations the individu to get a good relations with other peoples.

The purpose of this reasearch is to find out whether there is a relationship between self-acceptance with adjustment on adult males with their disabilities. Self-acceptance is a one condition which individu can accept all their limit on menal and physical where it can be effected with the individual behaviour. The process is influenced with many aspek such similiar feelings, responsibility, trust with our skill, principal, and aware ot the limitations. Adjustment is the ability to play a role in the interaction individy against oneself or to others. This process is influenced by afective emotional aspect, intellectual development aspect, and social development aspect.

This study uses a quantitative approach and determine the correlation description metodology to know is there a relationshio between self-acceptance by the adjustment in male adults with physical disabilities. Total of respondents amounted to 46 peoples who are determined with purposive incidental sampling technique. The instrument of the research is use a scale. Scale of self-acceptance with 45 item statement with reliability value 0,961 dan adjustment scale with 54 item statement with reliability value 0,965 with use a likert model of scale.

Keyword : self-Acceptance, Adjustment, disabilities